

Pattern of Antimicrobial Sensitivity of Organisms Causing Urinary Tract Infection in Nephrotic Syndrome in Children

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Abstract

Background: Urinary tract infection (UTI) is a common infection in nephrotic syndrome children having a propensity for long term renal damage. Organisms causing UTI in nephrotic syndrome are becoming resistant to common antimicrobial agents and increase the morbidity and mortality. Surveillance of local antibiotic sensitivity pattern is necessary for proper management of UTI in nephrotic children.

Objective: To see the pattern of antimicrobials sensitivity of organisms causing UTI in Nephrotic syndrome children.

Methods: This was a hospital based cross-sectional study conducted in the department of Paediatrics, Chittagong Medical College Hospital, Chittagong from January 2009 to December 2009. 52 nephrotic children aged 2-6 years with typical clinical features were included. A clean catch midstream urine sample were collected in aseptic procedure and sent for inoculation in culture media. In case of collection failure, urine was collected by sterile catheterization. Bacterial isolates were tested for microbial sensitivity. Data regarding etiological organisms and antibiogram were analyzed using appropriate statistical method.

Results: UTI was found in 30.8% nephrotic children. E-coli was the commonest organism isolated in urine culture followed by klebsiella. All organisms isolated on culture were more or less resistant to commonly used antibiotics except to amikacin. E coli were resistant to most of antibiotics and resistance to cotrimoxazol is quite high for all isolates. Ciprofloxacin as oral and amikacin as parenteral are good for first line treatment of UTI in nephrotic syndrome.

Conclusion: Resistance among organisms causing UTI in nephrotic syndrome is an emergent problem now a day. Routine urine culture should be advised since treatment failure is likely to occur with commonly used antibiotics. Risk factor for emergence of antibiotic resistance of these pathogens should be evaluated.

Key words: Antibiotic sensitivity, Nephrotic syndrome, UTI.

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Introduction

Children with nephrotic syndrome are exposed to a variety of infection specially in developing countries like Bangladesh. Urinary tract infections is one of the most common infection in nephrotic syndrome children and may result in delayed steroid response, thereby in prolonged hospital stay and may be a cause of morbidity.¹

UTI in nephrotic syndrome can be caused by gram negative bacteria such as E coli, Klebsiella species, Enterobactor species, Proteus species and gram positive bacteria such as Enterococcus species,

Staphylococcus saprophyticus.^{1,2} Generally, E coli is the most common organism causing both community as well as hospital acquired UTI.³ Health care associated UTI (mostly related to urinary catheterization) involve much broader range including E coli (27%), Klebsiella (11%), Pseudomonas (11%), Enterococcus (7%), Candida (9%) and others.^{4,5,6} UTI due to Staphylococcus aureus occur secondary to blood-born infections.⁷

The choice of antibiotic depends on the species and antibiotic sensitivity profiles of the infecting organisms. Local resistance data is important in selecting empirical antibiotic.⁸ Children with uncomplicated UTI can be treated with oral antibiotic such as trimethoprim-sulphamethoxazole, amoxicillin-clavulanic acid, 2nd generation cephalosporin (cefuroxime, cefprozil), 3rd generation (cefexime, cefpodoxime, ceftibuten, cefdinir), nitrofurantoin and some of the well known parenteral agents like ampicillin and gentamycin for enterococci, Group B streptococcus and gram negative bacteria and third generation cephalosporin (ceftazidime, ceftriaxone, cefepime) are used in resistant uropathogens.^{9,10} If intravenous therapy chosen, single daily dosing of aminoglycosides is safe and effective.¹¹ Now a days, flouroquinolones are not recommended as a first line treatment due to emergence of resistance to this class of medication.^{8,12} Amoxicillin-clavulanate appears less effective than other options.¹³

The resistance rate of E coli to various antibiotics have been reported as beta-lactum (58.6%), quinolones (74.5%), gentamycin (58.2%), amikacin (33.4%), cotrimoxazol (48.5%).^{3,14,15,16,17} UTI due to multi drug resistance E coli increase the cost of treatment, morbidity and mortality specially in developing countries.^{18,19}

Despite the precaution, some resistance has developed to all of these medications related to their widespread use.²⁰ Increasing antibiotic resistance is causing concern about the future of treating UTI in nephrotic syndrome.^{21,22} In nephrotic syndrome, children are prone to recurrent UTI due to decrease immunity, steroid use and disease itself. So there is chance of repeated and widespread use of common conventional antibiotics that may be risk factor for emergence of antibiotic resistance.

Empiric treatment of UTI is determined by the antibiotic sensitivity pattern of uropathogens in a community or in a hospital. There have been very few studies regarding UTI in nephrotic syndrome showing mainly prevalence and etiological spectrum causing UTI in nephrotic syndrome. Information about antibiotic sensitivity pattern of organisms of UTI in nephrotic syndrome is really scarce. We undertook this study to analyze the spectrum of UTI in children with nephrotic syndrome with objectives to identify the etiological organisms causing UTI in nephrotic syndrome and to observe the antibiotic sensitivity pattern of the organisms which will help us to establish local guideline for treatment of UTI in nephrotic syndrome.

Materials and Methods

It was a cross-sectional study enrolling 52 nephrotic syndrome children. These children were admitted consecutively in Pediatric Ward of Chittagong Medical College Hospital from January, 2009 to December, 2009. Nephrotic syndrome was diagnosed by low serum albumin, high serum cholesterol and significant Protein Creatinine Index (>2 mg protein/mg creatinine or >200 mg protein/mmol creatinine) or 24 hours total urinary protein (>960mg/ m²/day).^{23,24}

Nephrotic syndrome children aged 2-6 years presented with typical features were included. Those who were <2 years old or >6 years old with atypical presentation like hypertension, gross hematuria, with features of complications other than UTI, with H/O of taking antibiotic during last 15 days prior to admission²⁵ and secondary nephrotic syndrome patients were excluded.

A clean catch of midstream urine specimen was collected from all children in proper aseptic method and sent to laboratory within 1 hour. In case of collection failure, urine was collected by sterile catheterization. The urine samples were inoculated in blood and MacConkey agar media. All plates were inoculated at 35°C - 37° C and examined for growth and colony count at 24 and 48 hours. Colony counts were done by loop method. Bacterial isolates were tested for microbial sensitivity by disc impregnation method. A positive culture defined as midstream clean voided specimen with isolation of 10⁵ or >10⁵ colony forming unit/ml (cfu/ml) of single organism in

asymptomatic patient and 10⁴ cfu/ml in symptomatic patient was considered as definite UTI.²⁶ In case of urine collection by catheterization, 5 × 10⁴ or greater cfu/ml of single organism was significant for UTI.²⁷ Data regarding etiological organisms and culture sensitivity pattern were recorded in case record form and statistically analyzed. Protocol was ethically reviewed and approved by Ethical Review Committee of Chittagong Medical College.

Result

The study group consisted of 52 nephrotic syndrome children. A total 16 children were diagnosed as nephrotic syndrome with UTI patients. Thus the prevalence of UTI in this study was 30.8% (16 out of 52 cases) (Table- 01)

Causative organisms of UTI isolated in our study were E coli in 50% (8 out of 16), klebsiella in 25% (4 out of 16), coliforms & proteus in 18.7% (3 out of 16) & 6.3% (1 out of 16) respectively (Figure- 01).

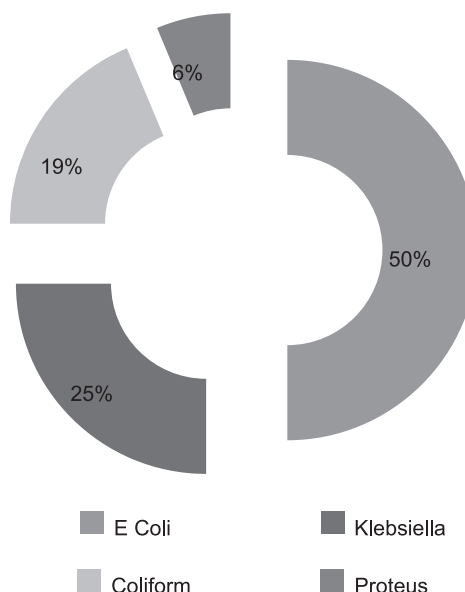


Fig.-1: Organisms isolated in urine culture of nephrotic syndrome

E. coli were sensitive to azithromycin, gentamycin, nitrofurantoin in 62.5% (5 out of 8), to ceftazidime in 50% (5 out of 4), to ciprofloxacin in 37.5% (3 out of 8) but to ceftriaxone in only 12.5% children (1 out of 8). (Table- 02). Klebsiella were sensitive to amikacin, azythromycin, ceftazidime, amoxycillin-clavunalic acid in 100 % cases, to ceftriaxone, ciprofloxacin and nitrofurantoin in 75% (3 out of 4), to cotrimoxazol and gentamycin in 50% (2 out of 4) children. (Table- II).

Table-I
Prevalence of UTI among study groups (n=52)

Study Groups	Frequency	Percentage (%)
UTI	16	30.8
No UTI	36	69.2
Total	52	100.0

Table-II
Sensitivity pattern of pathogens isolated from urinary tract of nephrotic patients (n =16)

Isolates	E. Coli(n = 8)	Klebsiella(n = 4)	Coliform (n = 3)	Proteus(n = 1)
Amoxy-clav	3 (37.5%)	4 (100%)	2 66.7%)	–
Amikacin	8 (100%)	4 (100%)	3 (100%)	1(100%)
Azithromycin	5 (62.5%)	4 (100%)	1 33.3%)	–
Ceftriaxone	1 (12.5%)	3 (75%)	3 (100%)	1 100%)
Ceftazidime	4 (50%)	4 (100%)	3 (100)%	–
Ciprofloxacin	3 (37.5%)	3 (75%)	3 (100%)	1 100%)
Cotrimoxazole	–	2 (50%)	2 66.7%)	–
Gentamycin	5 (62.5%)	2 (50%)	3 (100%)	1(100%)
Nitrofurantoin	5 (62.5%)	3 (75%)	3 (100%)	–

Amoxy-clav = amoxycillin-clavunalic acid

Coliforms were sensitive to all antibiotic discs we used in cent percent cases except to amoxicillin-clavulanic acid and cotrimoxazol in 66.7% (2 out of 3) and to azithromycin in 33.3% (1 out of 3) cases. *Proteus* was resistant to most of oral antibiotics including amoxicillin-clavulanic acid, cotrimoxazol, nitrofurantoin, azithromycin, ceftazidime, and was sensitive to only ciprofloxacin, gentamycin, amikacin and ceftriaxone. All four organisms were sensitive to amikacin in hundred percent cases and to ciprofloxacin in more than 70% cases except *E coli* that were sensitive to ciprofloxacin only in 37.5% cases. Amikacin, ceftriaxon and gentamycin and ciprofloxacin were more or less effective in 100% pathogens. (Table- II).

Discussion

Prevalence of UTI in nephrotic syndrome was 30.8% that is consistent with previous studies 13.7% by Gulati S, Kher V et al,¹ 46% by Ravana K, Sengutthuvan P.²⁸ Similar to other studies,^{1,2} the commonest organisms of UTI isolated in this study was *E coli* followed by *klebsiella*. Emila M, Vera H et al³⁰ also found *E coli* as the commonest followed by *Klebsiella*, *Enterobactor* species, *Staphylococcus saprophyticus* whereas there was no growth of *Enterobactor* species or *Staphylococcus* in this study.

Regarding antibiotic sensitivity test, total 9 antibiotic discs were used named amoxicillin-clavulanic acid, amikacin, azithromycin, ceftriaxone, ceftazidime, ciprofloxacin, cotrimoxazole, gentamycin and nitrofurantoin. Of them, amoxicillin-clavulanic acid, azithromycin, ciprofloxacin, cotrimoxazol and nitrofurantoin are available as oral preparation in our country. *E coli* were more or less resistant to all the antibiotic discs used. *E. coli* were sensitive to azithromycin, gentamycin, nitrofurantoin in 62.5%, to ciprofloxacin in 50%, but to ceftriaxone in only 12.5% children and was resistant to amoxicillin-clavulanic acid in cent percent cases whereas 68.6% - 86% *E coli* were sensitive to cotrimoxazol, 80% - 91.3% to ciprofloxacin, 84% - 98.2% to nitrofurantoin in a study of Mazzalli T.³¹ In other studies, more than 70% *E coli* were resistant to AMP³² and 32.6% to ciprofloxacin.⁸ In this study *Klebsiella* were sensitive to amikacin, azythromycin, ceftazidime, amoxicillin-clavulanic acid in 100 % cases, to ceftriaxone, ciprofloxacin and nitrofurantoin in 75%, then to cotrimoxazol and gentamycin in 50% children. But *E coli* and *klebsiella* species showed 78.8% and 75.3%

resistance to 3 or more drugs respectively in study of Anand kumar H, Kapur I et al.³³ In this study, Coliforms were sensitive to all antibiotic in cent percent cases except to amoxyclav and to cotrimoxazol in 66.7% and to azithromycin in 33.3% cases and in more than 70% children, both *klebsiella* and coliforms were sensitive to ciprofloxacin, nitrofurantoin, amoxicillin-clavulanic acid and azithromycin that can be given orally. *Proteus* was resistant to most of oral antibiotics including amoxicillin-clavulanic acid, cotrimoxazol, nitrofurantoin, azithromycin, ceftazidime, and was sensitive to ciprofloxacin, gentamycin, amikacin and ceftriaxone that have to take parenterally except ciprofloxacin. Resistance to cotrimoxazol was significant in all isolates that supported by Mazzalli T³¹ and Yukseln S, Ozturk B et al.³⁴ Emergence of resistance of *E coli* for both oral and parenteral antibiotics were quite high like other study findings.

Of parenteral drugs, amikacin, ceftriaxone and gentamycin and of oral drugs, only ciprofloxacin were more or less effective in 100% pathogens. Thus ciprofloxacin was the most active oral drug against majority of uropathogens isolated in this study. This is consistent with the findings of Farrel DG, Monishey I et al.¹⁴ But nitrofurantoin was the most effective drug showed by some other studies.^{8,34,35,36} According to Anand kumar H, Kapur I et al,³³ cefotaxime appeared to be the highly active against the most prevalent uropathogens. For parenteral route, amikacin was found to be the most active drug against the pathogens isolated in this study. Yuksel S, Ozturk B et al³⁴ and Das M, Padhi S et al³⁶ also found amikacin as the most effective drug.

Conclusion

Children with nephrotic syndrome are frequently predisposed to UTI. *E. coli* is the commonest organism causing UTI followed by *klebsiella*. There is increase of resistance among organisms to majority of commonly used antibiotics. This may be due to prevalence of resistant strains in our community, also may be due to irrational use of antibiotics. Ciprofloxacin appeared as good oral and amikacin as good parenteral drug for treatment of UTI in nephrotic syndrome. Anti-microbial susceptibility testing is crucial for the treatment of UTI in nephrotic syndrome. There should be many more studies regarding antibiotic resistance pattern in locality to develop a guideline for treatment of UTI in nephrotic syndrome and risk factors for emergence of antibiotic resistance should be evaluated in further studies.

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